

FAMILY THERAPY

Rick Whiteside offers a range of training in family therapy. One, two, or five-day courses can be delivered at your site.

The training helps participants learn how to understand presenting and underlying issues, create positive hypotheses, and craft interventions in the context of traditional and modern family therapy perspectives. Through experiential exercises, lecture, videotape, role plays, and demonstration by the instructor, participants will develop skills they can immediately extend to their practice.

Distance Training: For those interested in family therapy training who are unable to attend face-to-face training, a distance option is available. [Click here](#) to see a flyer.

Advanced Training: There is also a distance-learning course available to participants who complete the 5-day training. [Click here](#) to see a flyer.

For more information, email us at info@solutionsunlimited.co.nz.